## The Harbourfront Bistro

## Newry Beach

## Small Plates

Small plates are perfect for sharing, similar to tapas, order 3 for $£ 19.95$ and we'll include your choice of fries, chips, sweet potato fries or salad.

Hot wings with Franks hot sauce $£ 6.95$ gf? 2,7
Salt and chilli squid with lemon aioli $£ 7.95$ gf? 2,3,4,7
Teriyaki steak strips, onion and chillies $£ 8.50$ gf 2,13
Meatballs with tomato basil sauce, parmesan $£ 7.50$ 2,9
Fresh moules mariniere $£ 8.95 \mathrm{gf}$ ? $2,7,8,14$
Marinated olives $£ 4.50$ v gf
Moroccan style cauliflower, sticky rice $£ 6.50$ ve gf?
Falafel with mint, cucumber, garlic yoghurt $£ 6.95$ ve? gf? 7 Lamb kofta with tzatziki $£ 7.95$ 2,7

Harissa spiced hummus, toasted ciabatta $£ 4.95$ ve gf? 2
Patatas bravas with tomato sauce $£ 6.95 \mathrm{gf}$ ? v
Tandoori chicken strips with minted garlic yoghurt $£ 7.50$ 7,9,10,11 Duck Bon Bons with hoi sin sauce $£ 7.95 \quad 2,10,12,13 \mathrm{~m} / \mathrm{c} \quad$ Creamy garlic mushrooms on ciabatta, parmesan $£ 7.50 \mathrm{gf}$ ? 2,7,14

## Soup

Bermuda fish chowder - A traditional Bermudian fish soup, black rum and sherry peppers are added at your table, served with crusty bread. Gf? 5 Small £6.95 Large £11.95

## Tacos

2 Soft flour tortillas filled with lettuce, red cabbage, spring onion, chillies and red onion with your choice of the following toppings

Tandoori chicken strips with minted garlic yoghurt $£ 11.95$ 7,9,10,11
Cajun style fish with lemon aioli $£ 12.95 \quad 2,4,5$
Teriyaki steak strips, with sweet chilli sauce $£ 12.95 \quad 2,13$
Falafel cucumber, garlic mint and yoghurt $£ 10.95$ ve 2,7

Lamb kofta with tzatziki $£ 11.95$ 2,7
Shredded duck with hoi sin sauce $£ 12.95$ 2,10,12,13 m/c

## Mains

Beer battered fresh haddock with chips and mushy peas $£ 17.95 \mathrm{gf}$ ? 2,14
10 oz rump steak with dressed rocket, tomato, mushroom, chunky chips and pepper sauce $£ 23.95 \mathrm{gf}$ ? 7
Fresh fillet of seabass with crushed new potato, clams, lemon, white wine and cream $£ 21.50 \mathrm{gf}$ ? $3,5,7,14$
Harbourfront burger - fresh beef patty made to our specification by our butcher topped with smoked bacon, Welsh cheddar and caramelised red onion chutney, sourdough bun with fries and coleslaw $£ 16.95$ 2,7,13,14

Chicken carbonara - linguine topped with fresh chicken, pancetta, mushrooms, garlic, white wine and cream, served with garlic ciabatta $£ 16.95$ 2,7,14

Fresh moules mariniere with toasted ciabatta and fries $£ 19.95 \mathrm{gf}$ ? (when available) $2,7,8,14$
Salt and chilli flat iron steak seared pink and topped with peppers, spring onion and chillies, served with French fries $£ 19.95$ Thai red Vegetable curry, sticky rice, poppadom and mango chutney $£ 14.95$ add chicken $£ 4.00$ gf? 2,14

Linguini with red onion, garlic, mushrooms, peppers and chillies, served with garlic bread $£ 14.95$ 2,14


Dirty Fries - Big enough to share - All $£ 8.95$ gf?
*Asian fries - Hoi sin, spicy mayo, spring onion, red cabbage, chillies and crispy onions 2,4,13
*Salt and chilli fries - salt and chilli seasoning, peppers, spring onion and sweet chilli sauce $9,10,11 \mathrm{~m} / \mathrm{c}$
*Smoked Bacon, cheese and jalapeno fries 7

Sandwiches - lunchtime only. White, wholewheat bloomer or gluten free bread Open prawn with marie rose $£ 12.95$ 3,4,7 Steak, mushroom and onion ciabatta $£ 11.957$ $\begin{array}{llll}\text { Tuna mayo, cucumber } £ 8.95 & 4,5,7 & H o n e y ~ r o a s t ~ H a m, ~ t o m a t o ~ & £ 8.95 \quad 7\end{array}$

Mature Welsh cheddar and caramelised red onion chutney $£ 8.507$

## Children's menu

Linguine with tomato and basil sauce $£ 5.95$ add meatballs $£ 8.95 \quad 2,9$
Fresh chicken breast with champ mash, fresh vegetables and gravy $£ 9.95 \mathrm{gf} 7$
Small fresh haddock, chips and mushy peas $£ 8.95$ gf 2,5,14
Sausage, chips and beans $£ 7.95$ gf?
Belgian waffle with toffee sauce and ice cream $£ 6.95$ 2,4,7,13
Salted caramel and chocolate brownie with ice cream $£ 6.95 \mathrm{gf} \mathrm{v} \mathrm{m} / \mathrm{c} 10,11$
Vanilla, strawberry or chocolate ice cream $£ 2.50$ per scoop 4,7

## Sides

Chunky chips $£ 3.95 \mathrm{gf} \quad$ Sweet potato fries $£ 4.50 \mathrm{gf} \quad$ Garlic bread $£ 3.95 \mathrm{gf}$ ? 2, 7
French fries $£ 3.95 \mathrm{gf} \quad$ Parmesan fries $£ 4.75 \mathrm{gf} 7$
Coleslaw $£ 3.00$ 4, $7 \quad$ Fresh side salad $£ 4.25$ gf

## Dessert

Chocolate fondant with vanilla ice cream $£ 7.95$ gf 4,7,10,13 m/c
Passion fruit crème Brulee $£ 7.95 \mathrm{gf}$ ? 4,7
Sticky toffee pudding with ice cream or custard $£ 7.95 \mathrm{gf}$ ? 4,7,10 m/c
Belgian waffle with fresh berries and clotted cream ice cream $£ 8.50$ 2,4,7
Warm chocolate chip cookie dough served soft with a few grains of sea salt and vanilla ice cream $£ 7.95$ 2,4,7,13
Salted caramel and chocolate brownie with ice cream $£ 7.95 \mathrm{gf}$ v $10,11 \mathrm{~m} / \mathrm{c}$
$\mathrm{gf}=$ gluten free $\mathrm{gf} \boldsymbol{?}=$ can be prepared gluten free $\mathrm{v}=$ vegetarian $\mathrm{ve}=$ vegan ve ? = can be prepared vegan
FOOD ALLERGIES AND INTOLERENCES. Prior to placing food and drink orders please discuss any dietary requirements or allergies you may have with a member of staff. Whilst we take great care to preserve the integrity of our ingrdients, whether they be vegetarian, vegan, gluten free etc. they are handled in a multi - ingredient environment. Fish may contain small pin bones. Cooking areas and equipment may be shared and food items may come into contact with different allergens not associated with your order leading to cross contamination. However we try our utmost to ensure that these risks are as low as possible.

Allergen codes 1= CELERY 2 =CEREALS WITH GLUTEN 3= CRUSTACEANS 4 =EGGS 5= FISH 6= LUPIN 7= MILK 8= MOLLUSCS 9= MUSTARD 10=NUTS $11=$ PEANUTS $12=$ SEASAME SEEDS $13=$ SOYA $14=$ SULPHR DIOXIDES e.g wine or beer M/C = may contain nuts

