

## The Harbourfront Bistro

### **Newry Beach**

### **Small Plates**

Small plates are perfect for sharing, similar to tapas, order 3 for £19.95 and we'll include your choice of fries, chips, sweet potato fries or salad.

Hot wings with Franks hot sauce £7.50 gf? 2,7

Teriyaki steak strips, spring onion and chillies £8.50 gf 2,13

Meatballs with tomato basil sauce, parmesan £7.95 2,4,7,9

Spanish style cauliflower, sticky rice £6.95 ve gf?

Smoked haddock & salmon fishcake £7.95 gf? 4,5

Spicy corn fritters with garlic mayo £7.50 ve? Gf? 2,13, m/c

Chicken yakitori with spring onion & chillies £7.95 2,13 m/c

Duck Bon Bons with hoi sin sauce £7.95 2,10,12,13 m/c

Salt and chilli squid with lemon aioli £7.95 gf? 2,3,4,7

Salt, chilli and garlic Edamame beans £5.95 13

Marinated olives £4.50 v gf

Sweet potato falafel with sweet chilli sauce £6.95 ve? gf? 7

Lamb kofta with tzatziki £7.95 2,7

Harissa spiced hummus, toasted ciabatta £4.95 ve gf? 2

Patatas bravas with tomato sauce £6.95 gf? v 2,7,14

Creamy garlic mushrooms on ciabatta, parmesan £7.50 gf? 2,7,14

### Soup

Bermuda fish chowder – A traditional tomato based Bermudian fish soup, black rum and sherry peppers are added at your table, served with crusty bread. Gf? 5 Small £6.95 Large £12.95

# **Tacos**

2 Soft flour tortillas filled with lettuce, red cabbage, spring onion, chillies and red onion with your choice of the following toppings

Chicken yakitori with soy, garlic and ginger sauce £12.50 2,7,9,10,11,13

Cajun style fish with lemon aioli £12.95 2,4,5

Teriyaki steak strips, with sweet chilli sauce £12.95 2,13

Lamb kofta with tzatziki £11.95 2,7

Sweet potato falafel with sweet chilli sauce £11.95 ve 2,7

Shredded duck with hoi sin sauce £12.95 2,10,12,13 m/c

Pulled pork with BBQ sauce £11.95 2

### **Mains**

Beer battered fresh haddock with chips and mushy peas £18.50 gf? 2,14

Pan roasted chicken breast with mashed potato and a lemon, thyme and garlic cream sauce £18.95 7,14

Fresh fillet of seabass with crushed new potato, clams, lemon, white wine and cream £22.50 gf? 3,5,7,14

Harbourfront burger – fresh beef patty made to our specification by our butcher topped with smoked bacon, Welsh cheddar and caramelised red onion chutney, sourdough bun with fries and coleslaw £16.95 2,7,13,14

Spring green and mushroom risotto with garlic bread £15.95 1,2,13 m/c gf? ve

Salt and chilli flat iron steak seared pink and topped with peppers, spring onion and chillies, served with French fries £19.95 gf?

Katsu vegetable curry £14.95 v add chicken £4.00 gf? 2,13

Stir-fried chilli beef and vegetables with egg noodles, topped with crispy onions £18.95, can substitute beef for chicken yakitori or just extra stir fried vegetables v 2,4,13



# Dirty Fries - Big enough to share - All £8.95 gf?

### Sandwiches – lunchtime only. White, wholewheat bloomer or gluten free bread

Open prawn with marie rose £12.95 2,3,4,7 Steak, mushroom and onion ciabatta £11.95 7

Tuna mayo, cucumber £8.95 2,4,5,7 Smoked salmon and avocado with ? £11.95 2 Chicken BLT £10.95 2

Mature Welsh cheddar and caramelised red onion chutney £8.50 2,7 Pulled pork ciabatta with bbg sauce £11.95 2

Salads - lunchtime Only

Grilled Chicken Caesar £13.95 2.4.7

<u>Poke bowls</u> £15.95 — Start with mixed leaves, avocado, edamame beans, spring onion, tomato, red onion, cucumber, peppers, red cabbage, radish and carrots with a soy, ginger and garlic dressing then add your choice of-

\*smoked salmon 2,13

\* steak teriyaki 2,13

\* sweet potato falafel 7

\*chicken yakitori m/c 2,13

### Children's menu

Fusilli with tomato and basil sauce £5.95 add meatballs £8.95 2,9 Belgian waffle with toffee sauce and ice cream £6.95 2,4,7,13

Fresh chicken breast with mash, fresh vegetables and gravy £9.95 gf 7

Salted caramel and chocolate brownie £6.95 v m/c 10, 11

Small fresh haddock, chips and mushy peas £9.95 gf 2,5,14

Vanilla, chocolate or strawberry ice cream £2.50 per scoop

4.7

Sausage, chips and beans £7.95 gf?

## **Sides**

Chunky chips £4.25 gf Sweet potato fries £4.75 gf Garlic bread £4.50 gf ? 2, 7

French fries £4.25 gf Parmesan fries £4.75 7 Coleslaw £3.00 4, 7 Fresh side salad £4.50 gf

#### Dessert

Chocolate fondant with vanilla ice cream £7.95 gf 4,7,10,13 m/c

Passion fruit crème Brulee £7.95 gf? 4,7

Sticky toffee pudding with ice cream or custard £7.95gf? 4,7,10 m/c

Belgian waffle with fresh berries and ice cream £8.50 2,4,7

Warm chocolate chip cookie dough served soft with a few grains of sea salt and vanilla ice cream £7.95 2,4,7,13

Salted caramel and chocolate brownie with ice cream £7.95 gf v 10,11 m/c

### gf = gluten free gf? = can be prepared gluten free v = vegetarian ve = vegan ve? = can be prepared vegan

FOOD ALLERGIES AND INTOLERENCES. Prior to placing food and drink orders please discuss any dietary requirements or allergies you may have with a member of staff. Whilst we take great care to preserve the integrity of our ingredients, whether they be vegetarian, vegan, gluten free etc. they are handled in a multi – ingredient environment. Fish may contain small pin bones. Cooking areas and equipment may be shared and food items may come into contact with different allergens not associated with your order leading to cross contamination. However we try our utmost to ensure that these risks are as low as possible.

<sup>\*</sup>Asian fries - Hoi sin, spicy mayo, spring onion, red cabbage, chillies and crispy onions 2,4,13 v

<sup>\*</sup>Salt and chilli fries – salt and chilli seasoning, peppers, spring onion and sweet chilli sauce 9,10,11 m/c v

<sup>\*</sup>Smoked Bacon, cheese and jalapenos 7

<sup>\*</sup> Pulled pork with BBQ sauce

<sup>\*</sup> Katsu curry sauce, spring onions and chillies 2,13 v