



## The Harbourfront Bistro

Newry Beach

### Small Plates

Small plates are perfect for sharing, similar to tapas, order 3 for £21.50 and we'll include your choice of fries, chips, sweet potato fries or salad.

Hot wings with Franks hot sauce £7.95 gf? 2,7	Salt and chilli squid with lemon aioli £8.50 gf? 2,3,4,7
Teriyaki steak strips, spring onion and chillies £8.50 gf 2,13	Salt, chilli and garlic Edamame beans £5.95 13
Meatballs with tomato basil sauce, parmesan £7.95 2,4,7,9	Marinated olives £4.50 v gf
Spanish style cauliflower, sticky rice £6.95 ve gf?	Sweet potato falafel with sweet chilli sauce £6.95 ve? gf?
Smoked haddock & salmon fishcake £7.95 gf? 4,5	Lamb kofta with tzatziki £7.95 2,7
Spicy corn fritters with garlic mayo £7.50 ve? Gf? 2,13, m/c	Harissa spiced hummus, toasted ciabatta £4.95 ve gf? 2
Thai chicken with curried mango sauce £7.95 2,7,13 m/c	Patatas bravas with tomato sauce £6.95 gf? v 2,7,14
Duck Bon Bons with hoi sin sauce £7.95 2,10,12,13 m/c	Creamy garlic mushrooms on ciabatta, parmesan £7.95 gf? 2,7,14

### Soup

Bermuda fish chowder – A traditional tomato based Bermudian fish soup, black rum and sherry peppers are added at your table, served with crusty bread. Gf? 5 Small £7.95 Large £12.95

### Tacos

2 Soft flour tortillas filled with lettuce, red cabbage, spring onion, chillies and red onion with your choice of the following toppings

Thai spiced chicken with curried mango sauce £12.95 2,7,9,10,11,13	Cajun style fish with lemon aioli £13.95 2,4,5
Teriyaki steak strips, with sweet chilli sauce £13.95 2,13	Lamb kofta with tzatziki £12.95 2,7
Sweet potato falafel with sweet chilli sauce £11.95 ve 2,7	Shredded duck with hoi sin sauce £13.95 2,10,12,13 m/c
Pulled pork with BBQ sauce and cheese £12.95 2,7	

### Mains

Beer battered fresh haddock with chips and mushy peas £18.95 gf? 2,4,5,7,14
Pan roasted chicken breast with mashed potato, fresh vegetables and a lemon, thyme and garlic cream sauce £19.95 7,14
Fresh fillet of seabass with crushed new potato, clams, lemon, white wine and cream £22.95 gf? 3,5,7,14
Harbourfront burger – fresh beef patty made to our specification by our butcher topped with smoked bacon, Welsh cheddar and caramelised red onion chutney, sourdough bun with fries and coleslaw £17.95 2,7,13,14
Spring green and mushroom risotto with garlic bread £15.95 1,2,13 m/c gf? ve?
Salt and chilli flat iron steak seared pink and topped with peppers, spring onion and chillies, served with French fries £21.95 gf?
Thai green vegetable curry £14.95 v add chicken £4.00 gf? 2,13
Chicken carbonara with pancetta, mushrooms and garlic bread £18.95 v 2,4,7,13



### Dirty Fries - Big enough to share - All £9.95 gf?

\*Asian fries - Hoi sin, spicy mayo, spring onion, red cabbage, chillies and crispy onions 2,4,13 v

\*Salt and chilli fries – salt and chilli seasoning, peppers, spring onion and sweet chilli sauce 9,10,11 m/c v

\*Smoked Bacon, cheese and jalapenos 7 \* Pulled pork with BBQ sauce and cheese 7

### Sandwiches – lunchtime only. White, wholewheat bloomer or gluten free bread

Open prawn with marie rose £13.95 2,3,4,7 Steak, mushroom and onion ciabatta £13.95 7

Tuna mayo, cucumber £8.95 2,4,5,7 Smoked salmon and avocado £11.95 2 Chicken BLT £10.95 2

Mature Welsh cheddar and caramelised red onion chutney £8.50 2,7 Pulled pork ciabatta with bbq sauce and cheese £12.95 2,7

### Poke Bowls – lunchtime Only £15.95

Start with mixed leaves, avocado, edamame beans, spring onion, tomato, red onion, cucumber, peppers, red cabbage, radish and carrots with a soy, ginger and garlic dressing then add your choice of-

\*smoked salmon 2,13 \* steak teriyaki 2,13 \* sweet potato falafel 2,13 \*Thai chicken m/c 2,13

### Children's menu

Linguine with tomato and basil sauce £5.95 add meatballs £8.95 2,9 Belgian waffle with toffee sauce and ice cream £6.95 2,4,7,13

Fresh chicken breast with mash, fresh vegetables and gravy £10.95 gf 7 Salted caramel and chocolate brownie £7.95 v m/c 10, 11

Small fresh haddock, chips and mushy peas £10.95 gf 2,4,5,7,14 Vanilla, chocolate or strawberry ice cream £2.50 per scoop 4,7

Sausage, chips and beans £7.95 gf?

### Sides

Chunky chips £4.50 gf Sweet potato fries £4.95 gf Garlic bread £4.50 gf ? 2, 7

French fries £4.50 gf Parmesan fries £4.95 7 Coleslaw £3.00 4, 7 Fresh side salad £4.50 gf

### Dessert

Chocolate fondant with vanilla ice cream £7.95 gf 4,7,10,13 m/c

Passion fruit crème Brulee £7.95 gf? 4,7

Sticky toffee pudding with ice cream or custard £7.95gf? 4,7,10 m/c

Belgian waffle with fresh berries and ice cream £8.50 2,4,7

Warm chocolate chip cookie dough served soft with a few grains of sea salt and vanilla ice cream £7.95 2,4,7,13

Salted caramel and chocolate brownie with ice cream £7.95 gf v 10,11 m/c

**gf = gluten free gf? = can be prepared gluten free v = vegetarian ve = vegan ve? = can be prepared vegan**

FOOD ALLERGIES AND INTOLERANCES. Prior to placing food and drink orders please discuss any dietary requirements or allergies you may have with a member of staff. Whilst we take great care to preserve the integrity of our ingredients, whether they be vegetarian, vegan, gluten free etc. they are handled in a multi – ingredient environment. Fish may contain small pin bones. Cooking areas and equipment may be shared and food items may come into contact with different allergens not associated with your order leading to cross contamination. However we try our utmost to ensure that these risks are as low as possible.

**Allergen codes 1= CELERY 2 =CEREALS WITH GLUTEN 3= CRUSTACEANS 4 =EGGS 5= FISH 6= LUPIN 7= MILK 8= MOLLUSCS 9= MUSTARD 10=NUTS 11= PEANUTS 12= SEASAME SEEDS 13= SOYA 14= SULPHR DIOXIDES e.g wine or beer M/C = may contain nuts**